



How to Prepare for a Bed Bug Treatment

The key to proper Thermal Remediation is proper preparation. The following checklist is provided to assist you in preparing your residence for treatment. Following this checklist will assist in expediting the remediation process and dramatically improve our success levels.

- **DO NOT visit the homes of friends, family, etc. until after the treatment. Bed bugs can travel on clothing and other items and this is the fastest way to spread them.**
- Clean up clutter. Empty and remove all garbage from wastebaskets. Please seal up all trash and dispose of garbage. Properly sealing the trash and removing from building without contaminating common areas is extremely important.
- Clear the common areas prior to heat treatment. Make sure you have room for large heaters to be placed in the apartment.
- Use laundry baskets to place clothing, linens and towels in them. Leave nothing packed away. These are the areas bed bugs hide in; stacks and piles lead to longer treatment times. Do not pack baskets tightly or over fill them. Items in your residence will be moved, shifted, opened, and rotated by our team. We will have to move piles around and spread them out to thoroughly bring everything up to temperature. Items will not be refolded, and things may not be in the same place when you return.
- All mattresses and furniture of all types should remain in the residence until treated, these items can hide insects.
- Electronic equipment is typically rated for temperatures of 130 to 150 degrees. Please unplug and power down before treatment. All electronics need to remain in the residence for treatment; they are highly susceptible to infestation.

- Fans are utilized for air circulation during the heat treatment process. Special concern should be given to small pictures, wall items, and paperwork that may be blown off walls, tables, etc. Containers or boxes can be used to loosely stack these items.
- Remove all pressurized cylinders, aerosol cans, soda cans, paints, and flammable chemicals. House plants should be removed. Please inspect these items for bed bug eggs.
- Remove or place all soaps, candies, cosmetics, bottled alcohols, and medications in the refrigerator or bathtub prior to the treatment.
- One-of-a-kind items such as heirlooms and other higher value items which are not replaceable should be removed from the residence. Please inspect these items for bed bugs or bed bug eggs.
- You must prepare a set of clothing for the day of treatment. This requires you to have commercial Laundromat dryer at a higher temperature to heat your clothes. These clothes then need to be sealed in a plastic bag to change into before leaving for the day. On treatment day you must leave behind everything in the apartment to be treated. Please be available to enter the apartment for a 10-minute period during treatment with anything you need treated. The technician will advise you on a time to return for the ten minutes and then when the treatment will be finished.
- Check your car for any items that you think may need treatment. Items that are removed for that day and are not treated may create infestation.